## My first mobile agreement



Let's get on the same page because our mobiles and apps are supposed to be fun and functional – not something we fight about.

So, here are some commitments we're both going to make that will let us safely enjoy having the world at our fingertips.

For	$\bigcup 1$	18s
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## lagree:

- To balance my time online with other activities that involve:
  - fresh air
  - major muscle groups
  - · actual human beings
  - · and when required, homework.
- If I've ceased to become a good judge of this 'balance' I'll take your advice.
- To respect myself and my privacy and the privacy of others. Especially thinking twice, three times before I even sign-up, download, send or forward any information on the web.
- To appreciate that:
  - access to gadgets and wearables and their use is a privilege,
  - chatting with my friends, and watching online TV shows and YouTube clips cost money
- To protect my equipment and avoid racking up expensive bills.
- To report anything to a parent, trusted adult or school counsellor if it makes me uncomfortable and I know it's wrong. I will also encourage others in trouble to do the same. If someone's being bullied, I'll do what I can to support them and get them help.

## For parents

## l agree:

- To be cool. I acknowledged that it is important to:
  - have small freedoms
  - develop your friendships and online identity
  - explore the latest apps and technology.
- I'll respect your curiosity and take an interest in the viral videos, memes and games you want to show me.
- But not too cool. I won't:
  - shame you in front of your friends virtual or otherwise
  - stalk you on social media
  - photobomb your online pics
  - post your embarrassing baby photos without your permission.
- To set a good example. I won't embarrass myself on Facebook, or engage in behaviour that sends the wrong message, like using the phone in the car, at dinner, or while we're having a conversation.
  - To listen. If you come to me in good faith with a problem, no matter how big, I'll listen, trust you and won't jump to conclusions. It is never too late and there is nothing too serious that I won't want to hear. Your safety and the safety of your friends is too important.

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